Mountain Weather Forecast

Lake District National Park

Forecast valid from 06:00 on Wednesday 31 Jul 2024 until 23:59 on Thursday 01 Aug 2024

Forecast Issued on Wednesday 31 Jul 2024 at 02:42

Confidence: Generally high, but low for extent of any showers later on Wednesday and Thursday.

Headline for Wednesday 31 Jul 2024: Dry, some sunshine, but some cloud bubbling up. Chance of an evening shower.

Mountain weather hazards on Wednesday 31 Jul 2024

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny	Sunny intervals	Cloudy	Sunny intervals	Sunny intervals	Cloudy
Precipitation probability					
00%	00%	00%	00%	00%	20%

Forecast for Wednesday 31 Jul 2024

Weather: Most of the day will be dry, some cloud bubbling up through the morning to leave a fair amount of cloud at times through the afternoon though the west coast will stay sunny.

Chance of cloud-free hill tops above 800m: 90% or more

Low cloud and visibility: Generally good visibility but some patchy cloud around 900 metres for a time in the morning.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Wednesday 31 Jul 2024

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	7/9 E	10/13 NE	6/9 E	8/12 SW	8/10 NW	9/11 E	9/12 SE
600	5/7 NE	7/9 NE	5/8 E	7/10 SW	7/9 NW	6/7 NE	7/10 SE
300	2/4 NE	3/7 NE	2/6 E	3/7 S	3/6 NW	1/4 NE	2/7 SE
Valley	2/4 NE	4/7 NE	2/4 E	2/5 SW	2/4 NW	2/4 NW	1/5 SE

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	11/10	11/9	13/12	15/14	14/13	14/12	14/12
600	12/11	13/12	16/15	17/17	16/15	15/14	15/14
300	13/13	17/17	19/20	20/20	18/19	15/16	16/16
Valley	16/16	18/18	20/21	21/22	20/21	18/18	18/19
Freezing Level*	2700m	2500m	2700m	3200m	3300m	3000m	3100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Meteorologist's View

Be prepared for sunburn and dehydration on long hikes

Forecast for Thursday 01 Aug 2024

Weather: Chance of some thundery downpours in early hours. Otherwise a dry day with variable amounts of cloud and sunny spells. Feeling very warm and quite humid.

Maximum wind: Variable in direction 10 to 15 mph

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Poor in any heavy rain. Otherwise good visibility with cloud above the summits.

Temperature: **Valleys:** Plus 13 rising to 23 Celsius
At 800m: Plus 12 rising to 17 Celsius
Freezing level: Above the summits

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Ground Conditions Supplement
No recent ground conditions report available.

Issued at: 02:42 on Wed 31 Jul 2024

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